

The Findlay Silver Blades Figure Skating Club presents



Skating Skills Class

Thursday - September 17 & 24, October 1 & 8 (5:00-5:30 PM)

This 4-week class will focus on the skating fundamentals of Learn to Skate USA and ISI for skaters ages 5 to 99 from beginner thru advanced skill levels. This class is designed to promote physical fitness, improve balance and coordination while learning proper skating techniques for the beginning levels thru those working on Freestyle 3.

S.T.E.P Class (Skating Turns, Edges and Power)

Thursday - September 17 & 24, October 1 & 8 (5:35-6:05 PM)

This on-ice class will focus on developing strong edges that are needed to obtain power as well as all 32 turns that are used in skating. In addition, it will focus on developing speed, strength, and endurance through the use of power skating drills. It is designed for the skater who has passed Freestyle 3 and up and wishes to develop their skating skills in order to be the best skater they can be.

Axel Class

Thursday - September 17 & 24, October 1 & 8 (6:10-6:40 PM)

This is the ideal specialty class to help the skater who has passed Freestyle 4 and is working on Freestyle 5. This 4-week class serves as supplemental training to your private lessons and off-ice training. In this 30-minute class, skaters will have the opportunity to learn important foundational axel concepts. Skaters will learn the importance of the backspin, waltz/loop combinations and other practice exercises to create muscle memory for a correct and consistent axel.

Jump and Spin Class

Thursday - September 17 & 24, October 1 & 8 (6:10-6:40 PM)

This 4-week specialized class is designed for our Freestyle 5 and up skaters looking to improve and perfect this area of their skating development. The course will focus on jump height, landing positions, traditional spins, artistic spins, and creative spins. All skaters will have the opportunity to work on combinations, entrances, and exits as well as uncaptured jumps and spins.

If you have any questions, contact
Findlay Silver Blades FSC Head Pro, Christy Wronkowicz
Phone: 419-360-2755 or Email: findlaysilverbladesmembership@gmail.com

Registration Form

Skater: _____

Skater's Age: _____

Parent/Guardian: _____

Phone: _____

Email: _____

I am registering for: (Check all that apply)

- Skating Skills Class ~ Thursday 5:00-5:30 PM ~ **Cost = \$45**
(Beginner thru working on Freestyle 3)
- S.T.E.P. Class ~ Thursday 5:35-6:05 PM ~ **Cost = \$45**
(Passed Freestyle 3 and up)
- Axel Class ~ Thursday 6:10-6:40 PM ~ **Cost = \$45**
(Passed Freestyle 4 and working on Freestyle 5)
- Jump and Spin Class ~ 6:10-6:40 PM ~ **Cost = \$45**
(Passed Freestyle 5 and up)
- Discount - Register for 2 of the above classes ~ **Save \$5**

NOTE: Findlay Silver Blades Figure Skating Club reserves the right to cancel these classes if not enough registrations are received. In the event of a cancellation, all registration fees will be returned.

Payment Information

Amount: \$ _____ Check _____ Cash _____

Prior Skating Experience

Coach(es) (if applicable): _____

Current Skating Level (if known): _____

Make checks payable to: **Findlay Silver Blades Figure Skating Club**

FSBFSC and the organizers of these fall ice sessions undertake no responsibility for damages or injuries suffered by skaters. As a condition of and in consideration of the acceptance of their registration therein, all participants, parents, and guardians, shall be deemed to assume all risks of injury to their person and property resulting, caused by, or connected with the conduct and management of the sessions, and to waive and be accepted only under such condition.

Signature of Parent/Guardian

Date

Send Registration Form and Payment to:

Findlay Silver Blades FSC
c/o Fall Classes
P.O. Box 206
Findlay, OH 45839