

## FINDLAY SILVER BLADES FIGURE SKATING CLUB 2020-2021 COVID-19 Policies and Procedures

(\* Facility guideline(s) issued by The City of Findlay Recreation Department.

### Policies

1. A skater or coach must sign the *FSBFSC Waiver/Release for Communicable Diseases including COVID-19* form to use any ice rented by FSBFSC.
2. Due to social distancing, it is vital for FSBFSC to have your current cell phone number in the event of an emergency or for our coaches to safely converse with you regarding your skater.
3. All skaters, coaches, instructors (age 4 and up) are REQUIRED to wear a mask upon entry into The Cube, while in The Cube and until exiting The Cube. Masks must be worn on the ice.
4. Skaters are requested not enter the building more than 30 minutes prior to their scheduled ice time and requested to exit no more than 30 minutes after the completion of their ice time. (\*)
5. Parents/Guardians & other non-participants (\*):
  - Masks are required within the building.
  - For children under 13, **one** parent/guardian is allowed to enter The Cube with the skater for practices and are required to remain in the lobby. NO additional non-participants are permitted.
  - For children 13 and older, parents/guardians are asked to avoid entering the building.
  - Parents cannot enter the rink area except when requested by a coach.
6. For parents/guardians who are unable to enter the Cube, we recommend having/helping the skater put on their skates in your vehicle. Please ensure hard skate guards are placed on the blade before the skater walks to the rink.
7. Water fountains will not be available. (\*)
8. Individuals are REQUIRED to have their own water bottles. There will be absolutely no sharing of water bottles or drinking cups.
9. Everyone should observe social distancing. (\*)
10. Skaters are PROHIBITED from bringing their own music to the rink. Coaches will be responsible for providing and playing their skater's music.
11. All tissues will be IMMEDIATELY thrown away in the trash receptacle provided and hand sanitizer reapplied.
12. Absolutely NO spitting on the ice.
13. For infection prevention, we suggest each skater have an inexpensive plastic "basket" with handles they can carry to and from the ice. This basket should contain their water bottle, guards, gloves, tissues, extra hand sanitizer, extra mask, etc.
14. We recommend masks, gloves, hats, headbands, hose, jackets, pants, and fabric skate soakers be washed frequently to prevent the spread of germs!

## Skater Procedures

1. If you have been in contact with someone known or presumed to have COVID-19 within the last 14 days or are experiencing one or more of the following symptoms, please stay home and contact your doctor for further guidance:
  - a. Fever or Chills
  - b. Cough
  - c. Shortness of breath or difficulty breathing
  - d. Fatigue
  - e. Muscle or Body Aches
  - f. Headache
  - g. New loss of taste and smell
  - h. Sore Throat
  - i. Congestion or Runny Nose
  - j. Nausea or Vomiting
  - k. Diarrhea
2. All individuals (skaters, coaches, parents/guardians, family members, etc.) are **REQUIRED** to sign in at the **Findlay Silver Blades** check-in table before entering The Cube.
3. Please refer to the enclosed map for the following instructions:
  - Enter the Cube through the main lobby doors that face Main Street (ValFilm USA) – **NOT** the Skaters Entrance on the building side or the main lobby doors facing the car dealerships.
  - Proceed to the area designated in the lobby for your skating group. Skaters will not be allowed to use the benches inside the rink or outside the hockey locker rooms to change. When in the lobby, skaters should remain in your group's area to honor social distancing guidelines. Parents - please observe social distancing even while watching your skater from the lobby.
  - Five minutes prior to your group's starting time, proceed down the hallway and head towards the hockey locker room doors.
  - Skaters, coaches, and parents/guardians (if requested by a coach) can **ONLY** enter the rink area through the doors near the hockey locker rooms. **NO** back tracking!
  - Once inside the rink doors, proceed to either hockey box with a door. Remain outside of the hockey box until a coach invites the skaters to the ice. Remember to practice social distancing while waiting.
  - Skaters and coaches can **ONLY** exit the ice through the door closest to the lobby/restrooms.
  - After exiting the ice, the skaters and coaches will turn left and exit the rink area through the doors to the main lobby. Individuals can only exit the rink area through the doors near the bathrooms when needing to use the bathroom.
  - When it is time to leave the Cube, skaters, coaches, parents/guardians, and family members are required to exit through the main lobby doors facing Township Road 99 (car dealerships).
4. Skaters and coaches are not permitted on the ice until they have applied hand sanitizer at the entrance to the ice.
5. After applying hand sanitizer, all skaters and coaches are **REQUIRED** to wear gloves.

6. The skater's plastic "basket" will be placed on the walls in front of the hockey benches.
7. When the group session is finished, each skater will collect their plastic "basket" with their personal belongings and place their gloves in their "plastic" basket.
8. Skaters and coaches cannot leave the ice until they have applied hand sanitizer at the ice exit.
9. If a skater or coach leaves the ice for any reason, they must reenter through the through the doors near the hockey locker rooms and reapply hand sanitizer each time they return to the ice.
10. When moving in the hallways, all individuals should remain to the right of the hallway to provide better social distancing to those moving in the opposite direction.
11. Please be aware of social distancing while moving in the building (lobby, hallway, bathrooms, ice) and the parking lot.

**Coach Procedures**

Coaches will follow the same procedures as skaters with the following exceptions:

1. After signing in, proceed down the hallway and head towards the hockey locker room doors.
2. The benches in the rink, near the hockey locker rooms, and in the hockey boxes, are available for you to change while social distancing.
3. Once you have completed coaching, leave the by exiting through the main lobby doors facing Township Road 99 (car dealerships).
4. Each coach is responsible for providing and playing their skater's music.
5. Coaches will disinfect the tops of the walls in front of the hockey benches after every group session.
6. Each coach retrieves their own tote for group classes and must disinfect ALL used items before returning the tote to the music cart.

<p>I, _____, have read the <b>COVID-19 Policies and Procedures</b>  <b>(Skater Printed Name)</b>  and I agree to uphold all the guidelines and principles of this document.  Skater Signature _____ Date _____</p>
<p>I, _____, have read the <b>COVID-19 Policies and Procedures</b>  <b>(Parent/Guardian/Coach Printed Name)</b>  and I agree to uphold all the guidelines and principles of this document.  Parent/Guardian/Coach Signature _____ Date _____</p>

# FINDLAY SILVER BLADES FIGURE SKATING CLUB

## WAIVER/RELEASE FOR COMMUNICABLE DISEASES INCLUDING COVID-19

### ASSUMPTION OF RISK / WAIVER OF LIABILITY / INDEMNIFICATION AGREEMENT

In consideration of being allowed to participate on behalf of the Findlay Silver Blades Figure Skating Club program and related events and activities, the undersigned acknowledges, appreciates, and agrees that:

1. Participation includes possible exposure to and illness from infectious diseases including but not limited to MRSA, influenza, and COVID-19. While particular rules and personal discipline may reduce this risk, the risk of serious illness and death does exist; and,
2. I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others, and assume full responsibility for my participation; and,
3. I willingly agree to comply with the stated and customary terms and conditions for participation as regards protection against infectious diseases. If, however, I observe and any unusual or significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the nearest official immediately; and,
4. I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE AND HOLD HARMLESS Findlay Silver Blades Figure Skating Club their officers, officials, agents, and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors of premises used to conduct the event ("RELEASEES"), WITH RESPECT TO ANY AND ALL ILLNESS, DISABILITY, DEATH, or loss or damage to person or property, WHETHER ARISING FROM THE NEGLIGENCE OF RELEASEES OR OTHERWISE, to the fullest extent permitted by law.

**I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IF FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.**

Participant Name \_\_\_\_\_

Participant Signature \_\_\_\_\_

Date Signed \_\_\_\_\_

### FOR PARTICIPANTS OF MINORITY AGE (UNDER AGE 18 AT THE TIME OF REGISTRATION)

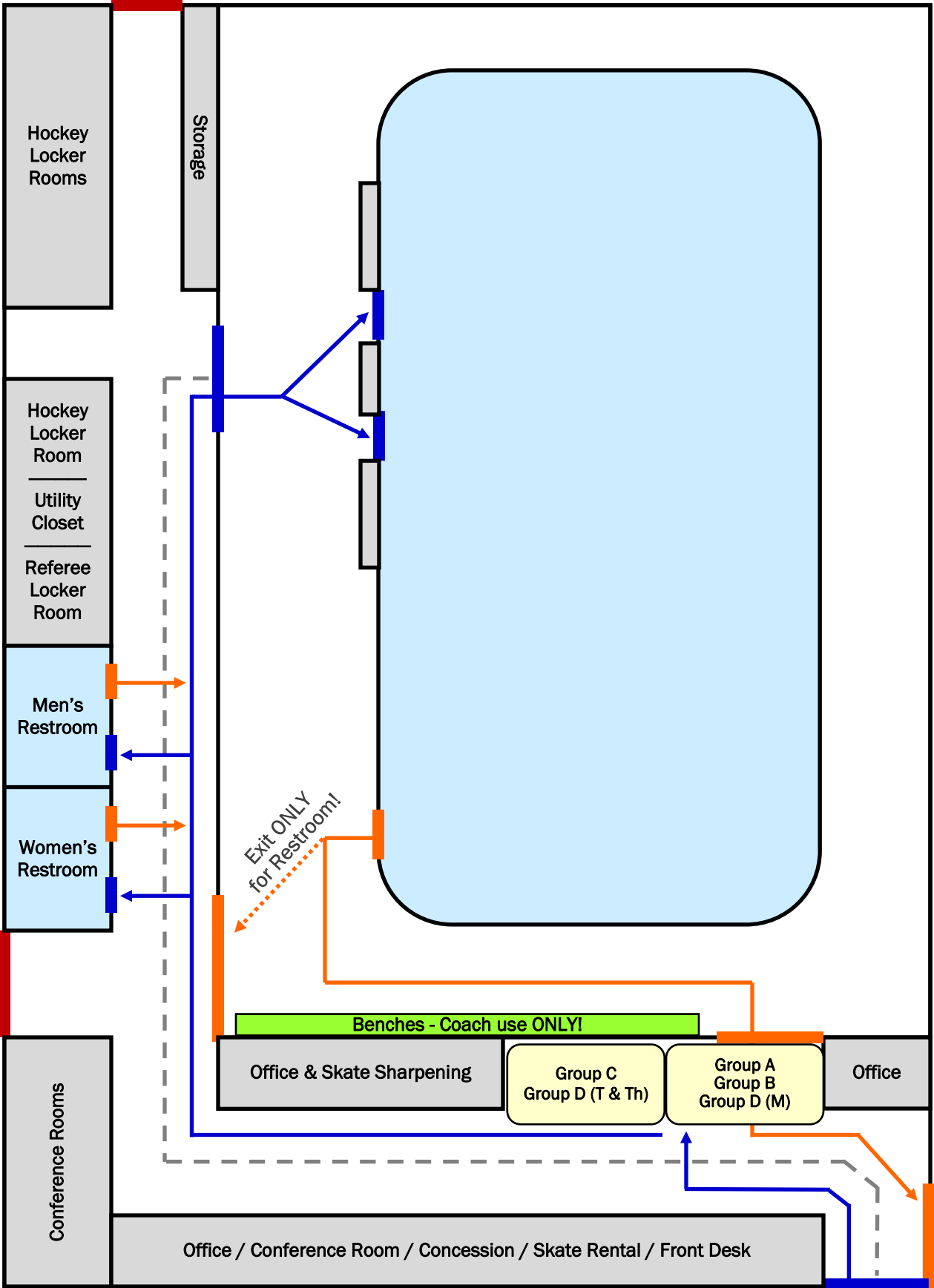
This is to certify that I, as parent/guardian, with legal responsibility for this participant, have read and explained the provisions in this waiver/release to my child/ward including the risks of presence and participation and his/her personal responsibilities for adhering to the rules and regulations for protection against communicable diseases. Furthermore, my child/ward understands and accepts these risks and responsibilities. I for myself, my spouse, and child/ward do consent and agree to his/her release provided above for all the Releasees and myself, my spouse, and child/ward do release and agree to indemnify and hold harmless the Releasees for any and all liabilities incident to my minor child's/ward's presence or participation in these activities as provided above, EVEN IF ARISING FROM THEIR NEGLIGENCE, to the fullest extent provided by law.

Parent/Guardian Name \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_

Date Signed \_\_\_\_\_

Back Door  
DO NOT  
USE!



Side /  
Skater  
Entrance  
DO NOT  
USE!

FSBFSC  
EXIT

FSBFSC  
Entrance &  
Check-IN



## **Facility Guidelines “Getting Back On the Ice Safely”**

We understand and appreciate the excitement to get back on the ice and we ask for your patience and cooperation as we re-open in stages. This process will allow better management of programs and facilities in adherence with new guidelines. All policies have been developed with the safety of all our staff and guests in mind. Thank you!

### **Guidelines for User Groups**

- User Groups are responsible for making sure all participants, coaches, and volunteers conduct daily symptom assessments. Anyone experiencing symptoms must stay home.
- Masks are required within the building. For participants, they must be worn entering the building, while they are changing, and then removed as they are entering the ice. The mask then must be put back on upon completion of participation until they exit the building.
- Skaters may not enter the building more than 30 minutes prior to their scheduled ice time and must exit no more than 30 minutes after the completion of their ice time.
  - Silver Blades and Gliding Stars enter and exit the building using the front entrance.
  - FAHA and Men’s League enter and exit the building using the player’s entrance on the south side of the building.
- To limit exposure between groups changing ice. The group exiting the ice must exit using the public skate gate. The group waiting to enter the ice must use the gate at the penalty box
- For practices parents of children 13 or older are asked to avoid entering the building. For children under 13 one parent is allowed to enter with no additional non-participants and must remain in the lobby.
- Water fountains will not be available. No team water coolers or shared drinking stations, individuals must have their own water bottles.
- Social distancing should be followed.
- Coaches are required to wear masks at all times.

**Because of rapidly changing circumstances and new laws, these guidelines are subject to change by the City of Findlay Recreation Department at any time in the sole discretion of management in order to maximize safety for everyone. You should follow all updates provided by the CDC, state and local authorities**

Hancock Public Health <https://www.co.hancock.oh.us/government-services/board-of-health>

Ohio Department of Health <https://coronavirus.ohio.gov/wps/portal/gov/covid-19/home>

Centers for Disease Control and Prevention [www.cdc.gov](http://www.cdc.gov)